

## Kid First Divorce Treatment Program A Facilitator S Guide For Group Work With Children

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Kid First Divorce Treatment Program

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Overview. This facilitator's guide details procedures for conducting engaging and age-appropriate group sessions to help children adapt quickly to the changes brought about by parental divorce or separation. The guide has everything a therapist or counselor needs to facilitate the program, including a full script and abbreviated outline for each session, numerous handouts for group members and parents, a sample consent form, a program graduation certificate, and much more.

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The Children First Parenting Education Program was created and developed to "help parents help their children through divorce" by stressing the needs of children to their parents. We have two locations The Madison County Kid's Corner in Wood River and the Family Center in Belleville Il.

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In addition to authoring the Kid First Divorce Treatment Program, the Teen First Divorce Treatment Program and the Teen Survival Guide to Parent Divorce or Separation, (Research Press), he is the creator of the Children First Parenting Education Curriculum (www.children1stfoundation.org) and coauthor of the book Great Myths of Child Development (Wiley Blackwell).

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This book is part of the Cory series to help children cope with challenging issues. This version presents engaging activities to help very young clients cope with divorce. Cory, the central character in the story, helps children gradually confront and process their feelings and reactions related to the divorce. Therapeutic games, art, and other playful activities are incorporated to lower the threat level of therapy and engage children in treatment. Questions and re-enforcers are woven throughout the story to captivate and sustain the child's interest in the story, and to evaluate and encourage the child's integration of the material. Includes a reproducible story, activities, and detailed parent handouts. Ages 4-8. Original.

A guide to the latest tools for teaching effective and positive parenting skills In the last three decades, parent training has established itself as an empirically sound, highly successful, and cost-effective intervention strategy for both pre-venting and treating behavior disorders in children. Handbook of Parent Training, Third Edition offers a unique opportunity to learn about the latest research findings and clinical developments in parent training from leading innovators in the field. Featuring new chapters, this thoroughly revised and updated edition covers issues that have emerged in recent years. Readers will find the latest information on such topics as: \* Behavioral family intervention for childhood anxiety \* Working with parents of aggressive school-age children \* Preventive parent training techniques that support low-income, ethnic minority parents of

preschoolers \* Treating autism and Asperger's Syndrome \* Parenting and learning tools including role playing and modeling positive and effective parenting styles Offering practical advice and guidance for parent training, each chapter author begins by identifying a specific problem and then describes the best approach to identifying, assessing, and treating the problem. In every instance, descriptions of therapeutic techniques are multimodal and integrate theory, research, implementation strategies, and extensive case material. Handbook of Parent Training, Third Edition is a valuable professional resource for child psychologists, school psychologists, and all mental health professionals with an interest in parent skills training.

Presents advice for divorcing parents on handling difficult issues and helping children adjust to their new situation.

Decades of research have demonstrated that the parent-child dyad and the environment of the familyâ€”which includes all primary caregiversâ€”are at the foundation of children's well- being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

Cognitive-Behavioral Play Therapy (CBPT) incorporates cognitive and behavioral interventions within a play therapy paradigm. It provides a theoretical framework based on cognitive-behavioral principles and integrates these in a developmentally sensitive way. Thus, play as well as verbal and nonverbal approaches are used in resolving problems. CBPT differs from nondirective play therapy, which avoids any direct discussion of the child's difficulties. A specific problem-solving approach is utilized, which helps the child develop more adaptive thoughts and behaviors. Cognitive-behavioral therapies are based on the premise that cognitions determine how people feel and act, and that faulty cognitions can contribute to psychological disturbance. Cognitive-behavioral therapies focus on identifying maladaptive thoughts, understanding the assumptions behind the thoughts, and learning to correct or counter the irrational ideas that interfere with healthy functioning. Since their development approximately twenty-five years ago, such therapies have traditionally been used with adults and only more recently with adolescents and children. It has commonly been thought that preschool-age and school-age children are too young to understand or correct distortions in their thinking. However, the recent development of CBPT reveals that cognitive strategies can be used effectively with young children if treatments are adapted in order to be developmentally sensitive and attuned to the child's needs. For example, while the methods of cognitive therapy can be communicated to adults directly, these may need to be conveyed to children indirectly, through play activities. In particular, puppets and stuffed animals can be very helpful in modeling the use of cognitive strategies such as countering irrational beliefs and making positive self-statements. CBPT is structured and goal oriented and intervention is directive in nature.

This book examines the divorce experience firsthand-through the eyes and voices of children and adult children of divorce. People from various ages, ethnic groups, and backgrounds share artwork, essays, and their personal stories of divorce. The book contains practical suggestions for coping with the challenges of double-households, long-distance parenting, dating, ex-spouses, stepparenting, and divorce stress. Chapters include: (1) "Preparing for Divorce"; (2) "Setting Up the Rhythm of the New Life"; (3) "Dealing with the Other Parent"; (4) "The New and Improved Parent"; (5) "Dating, Romance, and Recommitment"; (6) "Stepparenting"; (7) "Exceptional Cases, Exceptional Needs"; and (8) "Resources for Divorcing Families." Also included is an appendix of age-based guidelines for helping children cope with divorce. (GCP)

A practical, easy-to-use, and comprehensive reference for mental health professionals The Mental Health Desk Reference is the ultimate guide to effective and responsible mental health practice. It provides authoritative, concise, and up-to-date information from more than seventy experts regarding diagnosis, treatment, and ethics of practice. Each entry summarizes key constructs and terminology associated with the topic, major findings from research, and specific recommendations on theory and practice. Important topics covered include: \* Adjustment disorders and life stress \* Diagnosis and treatment of adults \* Diagnosis and treatment of children \* Crisis intervention \* Diverse populations \* Group and family interventions \* Practice management \* Professional issues \* Ethical and legal issues \* Professional resources These detailed, readable entries-based on the most extensive and reliable research available-form a comprehensive, straightforward, and quick-reference resource applicable to practitioners across every field in mental health. The Mental Health Desk Reference is the single resource no mental health professional can afford to be without.

The "No Kids in the Middle" (Kinderen uit de Knel) intervention programme addresses high-conflict divorce through a multi-family approach. This first English language edition contains descriptions of the therapeutic sessions, references to a homework book (van der Est et al., in press) for parents and their network, along with extra information about the theoretical foundations of the programme. The book starts with theoretical foundations and a summary of the scientific research behind the methodology before moving on to focus on the methodology of the intervention programme per session, with detailed descriptions of each therapeutic session. Through these session descriptions, the authors demonstrate how the theory of the methodology can be put into practice within a group setting. The methodology is also conveyed in such a way that the key pillars and themes are clear, with a best-practice framework clearly demonstrated. Yet at the same time, the authors leave room for customization depending on the actual clients and therapists, and for this framework to be built upon further. With this programme now practiced and studied throughout Europe, Group Therapy for High-Conflict Divorce and it's methodology will act as a living framework to help continuously improve practice and research among professional therapists, while also appealing to social workers and legal professionals.

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